

Camp Four Echoes 2013 Camp Sessions Summary

Camp Four Echoes will be open seven days a week this summer! Not only will our girls have more sessions to choose from, but our check-in and out process should be faster as a result of the staggered start dates.

Although we understand that the first day of camp will be filled with excitement and wonder, for the safety of our campers and staff, we ask that families respect our "closed" campus policy. Visitors will not be allowed outside the designated check-in and out areas unless accompanied by staff (this is new). If you are interested in seeing more of our camp, please join us for our "Family Fun Day" on June 22, 2013.

Camper Confirmation Packets will be delivered electronically via email upon your registration. If you do not receive yours or need it delivered in an alternative format, please contact our Camp Four Echoes Registrar, Kristen, at kharvey@gsewni.org or 800-827-9478 ext. 223.

GENERAL INFORMATION

Upon arrival, you will be greeted at the main gate by one of our friendly staff who will direct you to where you can drop off your campers' luggage. Once you have delivered the luggage, you will either go to the lodge or stay in your campers' unit. Check-in locations are based on session start dates.

During check-in, staff will give your camper a health check and collect any missing paperwork, medications (all medications must be in their original container) and Trading Post money. Families will also have the opportunity to meet counselors and administrative camp staff at this time.

TRANSPORTATION TO AND FROM CAMP

All parents are welcome to bring their child to camp and pick their child up. Transportation for summer 2013 is available from Bonners Ferry, Colfax, Colville, Ellensburg, Lewiston, Moses Lake, Pullman, Ritzville, Tri-Cities, Wenatchee and Yakima if alternative transportation is requested by May 15, 2013. The exact pick-up and drop-off locations will be determined once the bus route has been arranged. Bus transportation from Spokane and Coeur d'Alene is offered if registered prior to the camp session. You may click on the Bus Info tab found on the Forms Page for more information. Please contact Camp Director Jayn Courchaine with questions at jcourchaine@gsewni.org or 800-827-9478 ext. 227.

The sessions listed are based upon camp session theme and date. Each session will have an age-appropriate session. The dates listed below are for all sessions with that particular theme (some sessions will be shorter based upon camper age). Check the session theme, dates, ages and prices on the Camp Sessions page.

"SURVIVOR" GIRL STYLE - 06/23/13 thru 06/28/13

This will be an epic adventure **Survivor Girl Style!** Tame the wild and learn to survive with style. This Epic adventure begins with making the tools you will need to conquer the outdoors. Learn to cook your meals and make awesome outdoor cookies all **Survivor Girl Style!**

SOCIAL BUTTERFLY - 06/23/13 thru 06/30/13

There's nothing better than having lots of choices. These sessions include Tinker Camp, Social Butterfly, and HER Camp options. Explore, discover and reach new heights as you stretch to learn about yourself and experiment with new skills. Register for Tinker Camp or Social Butterfly individually or together as combined session.

Her Camp: Do you have goals of running a marathon or scaling a wall? Learn to fuel and train your body. Set goals and learn how to achieve them by finding out what makes you uniquely you. Work in teams and challenge yourself to discover how exercise works.

Tinker Camp: Curious about how things work or don't work and want to know how to fix them? This camp session is the right fit for you. Learn how to use basic tools to fix those everyday things that can break. Explore basic electrical, plumbing and more. Be independent and rely on yourself to build confidence in the real world.

Social Butterfly: Become a Social Butterfly. In this camp you will set goals and work in teams to succeed. Whether you are a social butterfly right now or a wall flower, this experience will help you open up to friends and share experiences and stories. Plus you get to stay in the tree houses at Smugglers Cove.

WILD WATER WORLD - 06/23/13 thru 08/06/13

All things waterfront related are part of these awesome summer water sessions. These include: Calling All Deck Hands, Canoe North Idaho, Advanced Sailing and Advanced Windsurfing sessions.

Calling All Deck Hands. It's time to learn to trim the jib and batten down the hatches. That's right, this session is all about learning to sail. Sailing is a skill that can last a lifetime. Imagine exploring the world in a sail boat! Start your adventure at Camp Four Echoes with a sailing class for beginners. You'll learn what it takes to captain your own vessel and chart your own course.

Canoe North Idaho (CNI): (Offered every other year) The St. Joe River is a major adventure, with amazing scenery and whacky water fun. This session is a three day trip down the St. Joe River. Conquer the rapids and paddle in calm waters. Take a break and go for a swim, jump off a rope swing and check out the wildlife. This is guaranteed to be an epic adventure filled with memories. Answer the call of the wild and conquer the St. Joe. Must have intermediate canoeing skills and be able to float and paddle for up to six hours.

Advanced Sailing: You know how to trim the jib, but can you conquer the obstacle course? In this camp you will work with a certified instructor to possibly get your own certification so that you can rent a sail boat anywhere. Interested? Spend the day on the Big Cat going to Harrison, ID (across the lake) and back. Captain your own vessel and work toward certification.

Advanced Windsurfing: Are you ready to tackle the next step in windsurfing? How far can you go tack upwind? Adventure is waiting for you at this amazing camp session. The wind calls you to make your own epic adventure. **Note: campers must be strong swimmers.**

CHILLIN' OUT - 06/30/13 thru 07/05/13

The fireworks are just the beginning of this amazing session. Celebrate our country's Independence Day with an epic adventure! (Grades 7-12, Swagman)

Chillin' Out: Be a part of the biggest older girl session at C4E. The best part is, your group decides what you will do! Choose from games, challenges, windsurfing, sailing, hiking, out trip, arts and crafts, geocaching, self-defense, ropes course, Frisbee golf and more. You name it, you do it! If that isn't enough, be a part of the coolest fireworks show on Lake Coeur d'Alene and don't forget a camp wide celebration of our country's Independence Day. Oh Yeah Baby, it's gonna be **Crazy Fun!**

LET FREEDOM RING – 06/30/12 thru 07/05/13

The fireworks are just the beginning of this amazing session. Celebrate our country's Independence Day with an epic adventure! (Grades 4-6, 06/30/13-07/05/13, Smugglers; grades 2-3, 07/02/13-07/05/12, Singing Pines)

Let Freedom Ring: This jam-packed six day adventure begins with making a new friend and then it's off to the lake to swim followed by dinner. Next it's into the boats for a ride on the lake. Sleep well in our themed campsites (tee pees, chalets, gazebos, tree houses and traditional cabins), because you will also be a part of the largest fireworks display on Lake Coeur d'Alene. You can sleep under the star, enjoy a 4th of July BBQ, play games, go to campfires, swim do some arts and crafts and more before you head home. Come well rested because the **Let Freedom Ring** session at C4E is gonna be CRAZY FUN!

COUNSELOR IN TRAINING (CIT) - 06/23/13 thru 08/08/13

Girl Scouting builds girls of courage, confidence and character who make the world a better place. CIT training sessions are focused on leadership and outdoor skills needed to be a camp counselor.

CIT A: In this first level of Counselor in Training (CIT), you'll focus on leadership skills and outdoor skills needed to become a camp counselor. Discover and nurture your leadership qualities and challenge yourself physically and mentally. You'll have a few opportunities to lead activities with younger campers and shadow staff members.

CIT B: In the 2nd level of CIT, you'll focus on skills needed to work with children at camp. Learn more about what to expect from campers, working as a team with staff and visiting another camp's CIT program!

CIT C: Dive into leadership skills and creating a safe community. Spend time working side-by-side with camp staff. Take a fun out-of-camp trip! Participants entering into the 12th grade who successfully complete this program may apply to be an apprentice counselor during part of the remaining summer.

ULTIMATE CHALLENGE - 07/03/13 thru 08/09/13

You'll have no fear as you tackle the things that will take you into the future. These sessions include: Ultimate Challenge, Take Aim, College Bound and Adventures in Leadership.

Ultimate Challenge: As a group you determine your actions. Choose from the ropes course, rock wall, ultimate hike, whatever you want to try, get the support of your team to achieve your goals. No fear here as you tackle new things and succeed.

Take Aim: Grab a bow and arrow, aim at the target, set your sights on the ropes course and don't forget to take aim with your camera to shoot some amazing shots you can only see at camp. Take a "what if" approach to camp and explore with new friends to live your own grand adventure.

College Bound: Tour a local college and see what it takes to get into the college of your choice. Visit with the financial aid team and learn how to apply for scholarships. Tour the campus and ask questions about activities, academics and all that college has to offer you in a fun and informative camp session. Plus, you will have C4E fun to keep your mind on summer vacation, at least for a few more weeks!

Adventures in Leadership: Learn more about working with younger girls and how to be a strong leader. Spend one day becoming a Program Aide (P.A.); and another day becoming a certified babysitter! You'll be busy, because you'll also spend time swimming, making crafts and cooking out! Girls will travel to the Program Center in Spokane for the babysitting class on the last camp day and will be picked up there to end the session.

ARTS, ARTS AND MORE ARTS - 07/09/13 thru 07/16/13

Whoever said too much of a good thing makes it even better was right! These sessions include exploring the many forms of natural and created works of art we encounter on a daily basis. Sessions include: Nature, Wonders and More Arts.

Nature Art: Do you look at the world and see art just waiting to happen? During the largest Brownie camp at C4E, you will find and bring out art in all sorts of places. Nature art, painting, beading, line, fabric art and more. The world is your canvas--prepare to create something amazing.

Art and its Wonders: Time to try everything art! Do you like weaving, water colors, beading, quilting, nature art? Better yet, you tell us what art speaks to you and we can make it happen! (Please submit requests two weeks prior to camp). Do you want to learn to sculpt or make pottery? Let the art speak to you and make it come alive in this amazingly fun art adventure.

Arts, Arts and More Arts: Have that big project you're dreaming of doing? Let's do it here at camp. Get in touch with the camp director. Or join in our art sculpture for an EPIC arts session.

ADVENTURES - 07/16/13 thru 07/25/13

The thrill of the adventure is what these sessions are all about! Sessions include: CSI, Kaleidoscope I, Girl Power and Adventurers. Find clues, chart your course and get ready for some awesomeness.

CSI@C4E: Mystery awaits you at CSI: C4E where you and your team stumble upon a situation that can only be solved by using your detective skills. Collect evidence and use finger printing, casting footprints, photography and other tools to crack the case. You'll use all your skills to solve the mystery situation.

Kaleidoscope I: Every day spent at camp is a new epic adventure this summer. Where else can you windsurf, cook, learn archery and target shooting and just chill out with friends? C4E is the perfect place for a summer adventure to begin or continue. During Kaleidoscope you can sample a little bit of everything!

Girl Power: It's a great time to come to C4E for an epic adventure waiting for you and your friends. Time to round up the team and canoe to the marsh, conquer T-Bone, scale a wall, race through a scavenger hunt, build a bridge and design a flotilla. Sound **CRAZY FUN?**

Adventurers: There are no limits to what you can explore at Camp Four Echoes! Outdoor, water or nature - use all the equipment and materials that camp has to offer. Work as a team, share experiences and plot your adventure in and around the camp property. Embrace *Leave No Trace Ethics* and learn what a team can accomplish together while building memories for a lifetime.

NOCTURNALS - 07/25/13 thru 07/30/13

Flip flop day and night with this always popular session that has you sleeping during the day and observing what happens when the sun goes down! This session always fills fast!

Nocturnals - Adventure by Night: Get ready to see what happens after lights out at camp! This amazing session is a one of a kind. Stay up late (sometimes all night), sleep late and flip-flop day with night for all your activities! What happens at camp at night? EVERYTHING! A midnight snack becomes lunch. View blankets of stars, see night hawks and other wildlife, hike, use the campfire as your reading light and so much more.

HOT AUGUST NIGHTS - 07/29/13 thru 08/09/13

The summer heat gets turned up in August. The lake water has warmed up and the skies are clear at night. You'll be spending your days in the water to cool down, that's for sure!

Kaleidoscope II: Every day you spend in camp is going to be a new experience. Learn windsurfing, target shooting, use archery, cooking and just chill out with friends. C4E is waiting for your adventure to begin and in Kaleidoscope you are able to sample a little bit of everything.

Hot August Nights: The hot days and warm night are at their finest. The lake is warm and calling to be played in. This is when C4E is revved up. Sleep under the stars, maybe get cozy and sleep in a canoe; who knows what the day will bring? Play water games with your friends, or learn a new game. Have you ever played swamped canoe races or water volleyball? You'll get the chance at C4E. Grab your swimsuit and sunscreen and make your way to the water!