

QUIZ: Are you Ready for Summer Camp?

Take these quizzes and find out! Circle the answer that best describes how you and your camper feel. Be honest. This quiz will help you both decide if she is ready to attend one of our awesome summer camp programs.

| Kid Quiz | Not Yet | Sometimes or Maybe | You Bet! |
|--|---------|--------------------|----------|
| Do you enjoy staying overnight at a friend's house without missing your family or feeling sad/lonely? | 1 | 2 | 3 |
| Can you shampoo and brush/comb your own hair? | 1 | 2 | 3 |
| Do you enjoy outdoor activities like hikes, swimming and sleeping in a cabin or tent? | 1 | 2 | 3 |
| Are you willing to try new foods that you haven't eaten before? | 1 | 2 | 3 |
| Can you survive without a radio, TV, video games, phone, MP3, or the internet? | 1 | 2 | 3 |
| Can you see bugs or flying insects without running around and shrieking? | 1 | 2 | 3 |
| Do you like to meet new people and do things with other girls, not just your buddy? | 1 | 2 | 3 |
| Do you like being around other girls who are different from you? | 1 | 2 | 3 |
| Can you make your own bed and keep track of your belongings? | 1 | 2 | 3 |
| Do you enjoy sleeping outside and listening to the sounds of nature? | 1 | 2 | 3 |
| Are you willing to help with Kapers (camp responsibilities) like sweeping cabins, setting tables and picking up trash? | 1 | 2 | 3 |
| Can you follow instructions from authority figures like teachers and parents? | 1 | 2 | 3 |
| Do you enjoy participating in group activities? | 1 | 2 | 3 |
| How easily do you make new friends and warm up to new environments? | 1 | 2 | 3 |
| How excited are you to go to camp? | 1 | 2 | 3 |
| ADD UP ALL THE NUMBERS YOU HAVE CIRCLED: | | | |

- 15-25:** You would enjoy attending a shorter session such as a three to four day session, but it might be a good idea for you to wait until next year for a longer resident camp session.
- 26-35:** You are ready for resident camp! Pick the camp and program that sounds like FUN to you and match your grade level and experience.
- 36-45:** You must be an experienced camper! It sounds like you are ready for a camp stay of 6 days or longer.

| Parent. Quiz | Not Yet | Sometimes or Maybe | You Bet! |
|--|---------|--------------------|----------|
| Can you relax and enjoy yourself when your daughter sleeps overnight at a friend's house? | 1 | 2 | 3 |
| Would you be okay communicating with your daughter ONLY by mail or one-way email? (Phone is for emergency use only) | 1 | 2 | 3 |
| Are you prepared to be away from your daughter for several days? | 1 | 2 | 3 |
| Are you willing to entrust the Camp Director and counselors with the care of your daughter? | 1 | 2 | 3 |
| Are you comfortable with your daughter living and playing in a rustic, outdoor setting where she will get dirty and it might rain? | 1 | 2 | 3 |
| Would you be willing to work with your daughter so she will feel comfortable and prepared leaving for camp (i.e. how to cope when feeling homesick, how to keep track of her own things, etc.) | 1 | 2 | 3 |
| Are you confident in your daughter's ability to: | | | |
| Shampoo and brush/comb her own hair? | 1 | 2 | 3 |
| Sleep in a cabin knowing her counselor is nearby in another cabin? | 1 | 2 | 3 |
| Eat new foods that she has never tried before? | 1 | 2 | 3 |
| Make new friends and accept others who are different from her? | 1 | 2 | 3 |
| Follow instructions given by counselors? | 1 | 2 | 3 |
| Have FUN? | 1 | 2 | 3 |
| ADD UP ALL THE NUMBERS YOU HAVE CIRCLED: | | | |

- 11-18:** It might be a good idea for you to wait until next year to send your daughter to resident camp, however a shorter session (3-4 days) may be a good option. You may benefit from giving your daughter smaller opportunities to exercise independence before she leaves home for several days.
- 19-26:** You are ready to send your daughter to resident camp. You may feel more confident if you attend Family Fun Day and follow the tips in the confirmation packet. (It will be sent to you after your daughter has been placed in a program or can be found online.)
- 37-33:** You are ready to send her to a program that lasts 6 days or longer. You are confident in her abilities and on how to help her prepare for camp.

Here are some additional resources that will help you and your child better prepare for camp:

- *The Summer Camp Handbook* by Dr. Chris Thurber
- *Off to Camp* by Myra Pravda