

Girl Scouts Eastern Washington & Northern Idaho
Camp Four Echoes
1404 N. Ash Street
Spokane, WA 99201

Dear Campers and Parents/Guardians,

Welcome to a Windsurfing or Sailing program at Camp Four Echoes. We're excited that you'll be joining us at camp this summer!

A typical day at camp may look like this:

7:00 Wake up
7:45 All-Camp Flag Ceremony
8:00 Breakfast
8:45 Camp "Kapers" (duties that everyone performs daily to help keep camp clean and tidy)
9:30 "Chalk Talk" learning to read the wind, how to rig boats, basics of sport
11:30 Make sack lunches
12:00 Have a Floating Lunch on the paddle boats
1:30 Me Time in the cabins
2:30 Windsurfing or Sailing—time on the water
5:45 All-Camp Flag Ceremony
6:00 Dinner
7:00 Get-together with another unit to play games and make s'mores
9:30 Get ready for bed (All-Camp quiet hour is 10:00 pm)

Because you will participate in a water unit, here are a few things you should consider bringing to camp:

- An extra bathing suit and towel. One can be hanging out to dry while you're using the other one
- Water shoes (like aqua socks) or water sandals with back straps (like Chacos or Tevas) to wear on the dock or in the boats. Flip flops will only be allowed while showering. We don't recommend flip flops on the dock because of the risk of tripping.
- Extra plastic bag for wet items that don't get dry in time for packing to go home.
- (For all campers) A plain white t-shirt, pillow case or something else you would like to tie-dye or decorate. This is a very popular activity at camp!

If you have any questions, please feel free to call or email anytime!

Jayn "*Handy*" Courchaine

Seasonal Camp Director

jcourchaine@gsewni.org

January 16-June 1, 2012, 800-827-9478

June 2-August 28, 2012, 208-664-6827

Marcy "*Jō-dän*" Mastel

Outdoor Education Manager

mmastel@gsewni.org

800-827-9478 ext 227